

LACROSSE

CANADA'S OTHER NATIONAL SPORT

What does Gretzky, Sakic, Shanahan, Ronning, Kariya, Nieuwendyk and Oates have in common... they have all played Lacrosse and have used the experience to enhance their hockey skills. You can share in their experience by playing Lacrosse!

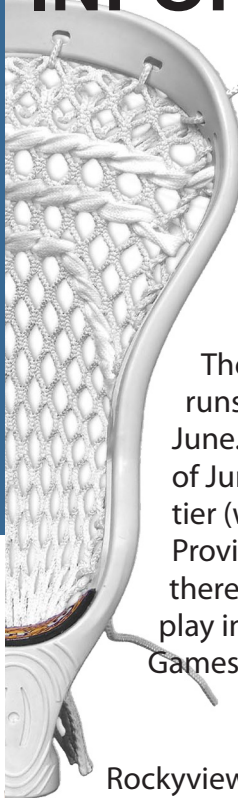


The Rockyview Lacrosse Association offers a quality program, emphasizing on skill's development, sportsmanship, self confidence and passion for the game.



www.rockyviewlacrosse.com

INFORMATION



The Rockyview Lacrosse Association (RVLA) is a member of the Calgary and District Lacrosse Association (CDLA). The RVLA offers minor box lacrosse programs for Tyke, Novice, PeeWee, Bantam, and Midget age groups.

The minor box season typically runs from mid April to the end of June. Play-off's run the last two weeks of June. The top three teams per tier (within a division) qualifying for Provincials. In addition to league play there are additional opportunities to play in tournaments, Alberta Summer Games, and National events.

Rockyview Lacrosse Association spans the district of Rockyview with the exception of Spring Bank. We offer program's in the following divisions:

DIVISION	BORN
Tyke	2002 - 2005
Novice	2000, 2001
PeeWee	1998, 1999
Bantam	1996, 1997
Midget	1994, 1995

NOTE:

Tykes are part of the North House system, it comprises of teams from Rockyview and North Calgary (Hornets and Knights). Their season ends with a Tyke Festival, the festival brings all the CDLA Tyke teams together for a year ending tournament.

Equipment Requirements:

- CSA approved helmet/mask
- Mouthguard (mandatory)
- Gloves
- Lacrosse stick
- Shoulder Pads
- Kidney Pads
- Slash guards
- Basketball or court shoes
- Shorts/Jersey

For additional information go to:
www.rockyviewlacrosse.com/equipment



REGISTRATION

Opens: January 4, 2010
 Early bird closes: January 31, 2010
 Registration closes: February 19, 2010

To register go to:
www.rockyviewlacrosse.com

For more information please email:
pat.michellemurphy@gmail.com



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